



The POISE Study

A message from the Trial Team...

As we come to the end of the year, the trial team would like to massively thank all sites for yet another year of hard work! Thank you all sites for your continuation of support and engagement. As a trial, in 2024, we recruited a total **62** participants, with January and February being our best months out of the year! We also successfully passed funder review for trial continuation this year.

Melanie, our Chief Investigator, spent some of her valuable time visiting some of your sites, and we will be in touch in the New Year again to continue these visits. Thank you again and wishing you a very festive season!

Important notices!

NCTU Closure Days



The NCTU is closed for the Christmas break starting from Friday 20 December 2024, returning to normal business on Thursday 02 January 2025.

SAEs

Please continue to report SAEs in the usual manner, by e-mail to nctu-sae@nottingham.ac.uk

SAEs will continue to be monitored by the NCTU periodically during the Christmas break. You will receive confirmation of receipt within 1 working day; if you do not receive this confirmation, please e-mail us again.

Protocol amendment

We recently submitted a protocol amendment with the adjusted sample size of 380 and recruitment period of 57 months. This amendment also includes changes to the voucher incentive system and blood pressure data collection at local GP practices and pharmacies. We will be in touch soon with more information!

Social media



Please could we ask you, amongst your sites, to do social media share of our Instagram page on any of your local site newsletters, site social media pages and amongst clinic waiting rooms. We would really appreciate it!

Share the QR code!



Recruitment Update

The POISE Study now has

129

participants!



A total of 6 participants have been randomised in November!

Our **November** recruiters

were:

UCLH

Liverpool

Aberdeen



Join us on social media!

